

## MEET INFORMATION PACKET



2025 USA Zone A Championships

Venue – Huntersville, North Carolina

Date – June 20-22, 2025

Event Page Link - <https://www.usadiving.org>



USA DIVING 2025 ZONE A  
CHAMPIONSHIPS



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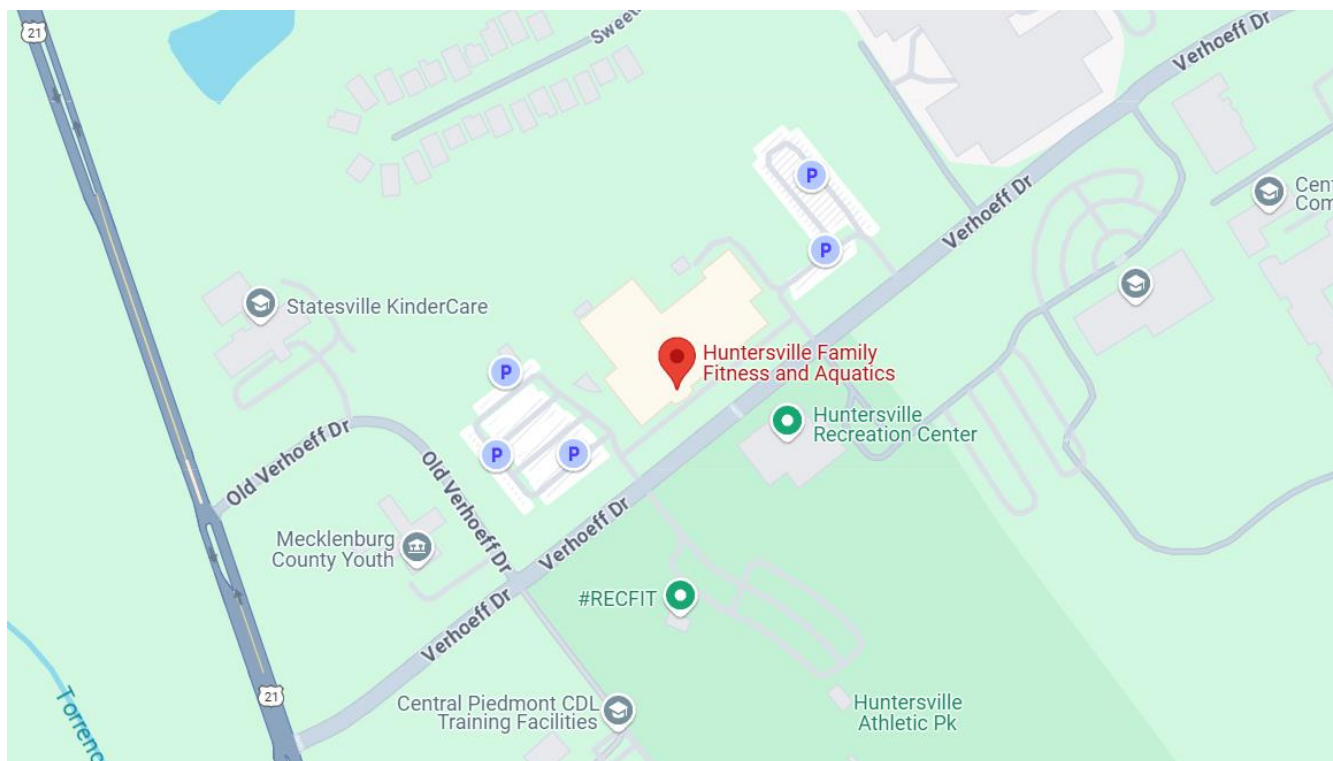
**VENUE**

Huntersville Family Fitness & Aquatics Center

11275 Verhoeff Dr.

Huntersville, North Carolina 28078

<https://www.hffa.com/>

**MAP****MEET CONTACT INFORMATION**

Aaron Hintz

317-509-5864

[aaronhintz.cda@gmail.com](mailto:aaronhintz.cda@gmail.com)

**DATES**

Practice Dates: June 18- 19

Competition Dates: June 20-22



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**FACILITY AND EQUIPMENT****Pool Equipment:**

2 1-meter springboards on concrete

2 3-meter springboards on concrete

5-, 7.5-, and 10-meter platforms

1- and 3-meter practice platforms

Practice boards TBD

**Dryland Equipment:**

TBD

**REGISTRATION**

All participants must be “Current” members of USA Diving. All athlete and coach entries must be made online at [www.divemeets.com](http://www.divemeets.com) prior to June 9 5:00 pm EST. No athlete or coach will be permitted access to the pool deck without having completed their DiveMeets registration.

Athletes may still register after the deadline up until three hours prior to their event with an added late fee of \$100. If a coach misses the online registration deadline, a \$20 late fee will be assessed prior to deck authorization.

The entry fees for all 2025 Zone Championships total \$85.00 per event. For more information about how these fees are broken down and how they are used, please [CLICK HERE](#) to visit the USA Diving Website where more information can be found.

**DIVE CHANGES**

All dive changes, including payment, **MUST** be done online through DiveMeets. Athletes may log into their DiveMeets account to review and update their dive sheets within the timeline outlined below:

1. Changes may be made online at no cost before 6:00 PM the night prior to the first day's events, and before 12:00 PM the day prior to all competition days thereafter.
2. After the designated times in point 1, athletes may make changes to their dive sheets online at a cost of \$15 per event up until three hours prior to their event start time.
3. Dive changes will no longer be accepted three hours prior to the corresponding event.



**PARTICIPANT COMPORTMENT**

USA Diving promotes good sportsmanship from athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racist or sexist comments, or other intimidating actions directed at judges, meet personnel, athletes, coaches, spectators, or team representatives are grounds for removal from the site of competition. Thank you in advance for your cooperation.

Hazing, harassment, intimidation, menacing or bullying, and acts of cyberbullying by members towards any member is strictly prohibited. Retaliation against any person who reports, is thought to have reported, files a complaint or otherwise participates in an investigation or inquiry is also strictly prohibited. False charges shall also be regarded as a serious offense and will result in disciplinary action or other appropriate sanctions. Persons whose behavior is found to be in violation of this policy will be subject to discipline, up to and including expulsion. USA Diving may also make referrals to law enforcement officials.

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms.

Changing into or out of swimsuits other than in locker rooms or designated changing rooms is not appropriate and is prohibited.

**Athlete Safety Policy:** <https://www.usadiving.org/resources/safe-sport>

**TECHNICAL MEETING**

The technical meeting will be held on June 19 @7pm (after warm-up closes)



**ORDER OF EVENTS**

	Open warm Up Times: June 18, 4:00-8:00 PM June 19, 8:00 AM-7:00 PM June 20-22 7:00-8:00 AM, EOE until 7:00 PM		
	<b><u>Event Day 1 June 20</u></b>		
<b>8:00-9:00</b>	<b>60 Minute Closed Warm-up</b>		
<b>9:00-10:30</b>	<u>1 Meter</u> 11-Under Girls	<u>3 Meter</u> 11-Under Boys	<u>Platform</u> 16-18 Boys
<b>10:30-11:30</b>	<b>60 Minute Closed Warm-up</b>		
<b>11:30-1:00</b>	<u>1 Meter</u> 12-13 Girls	<u>3 Meter</u> 12-13 Boys	<u>Platform</u> 16-18 Girls
<b>1:00-2:30</b>	<b>90 Minute Closed Warm-Up</b>		
<b>2:30-4:00</b>	<u>1 Meter</u> 14-15 Girls (split boards)	<u>3 Meter</u> 14-15 Boys (split boards)	
	<b><u>Event Day 2 June 21</u></b>		
<b>8:00-9:00</b>	<b>60 Minute Closed Warm-up</b>		
<b>9:00-10:30</b>	<u>1 Meter</u> 11-Under Boys	<u>3 Meter</u> 11-Under Girls	<u>Platform</u> 14-15 Boys
<b>10:30-11:30</b>	<b>60 Minute Closed Warm-up</b>		
<b>11:30-1:30</b>	<u>1 Meter</u> 12-13 Boys	<u>3 Meter</u> 12-13 Girls	<u>Platform</u> 14-15 Girls
<b>1:30-3:00</b>	<b>90 Minute Closed Warm-up</b>		
<b>3:00-4:30</b>	<u>1 Meter</u> 16-18 Girls (split boards)	<u>3 Meter</u> 16-18 Boys (split boards)	
	<b><u>Event Day 3 June 22</u></b>		
<b>8:00-9:00</b>	<b>60 Minute Closed Warm-up</b>		
<b>9:00-10:30</b>	<u>1 Meter</u> 14-15 Boys (split boards)	<u>3 meter</u> 14-15 Girls (split boards)	<u>Platform</u> 11-Under Boys/ Girls
<b>10:30-12:00</b>	<b>90 Minute Closed Warm-up</b>		
<b>12:00-1:30</b>	<u>1 Meter</u> 16-18 Boys (split boards)	<u>3 meter</u> 16-18 Girls (split boards)	<u>Platform</u> 12-13 Boys/ Girls



## JUDGING

Each zone will be attended by two AQUA-Certified USA Diving Judges to serve as a Head Referee and Assistant Referee of the event.

## Springboard Rules Summary

Group	Event	Total Dives	Degree of Difficulty (DD) Limit	Additional Rules
A (16-18)	Girls' 1m & 3m	9	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 4 dives without limit from different groups
A (16-18)	Boys' 1m & 3m	10	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 5 dives without limit from different groups
B (14-15)	Girls' 1m & 3m	8	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 3 dives without limit from different groups
B (14-15)	Boys' 1m & 3m	9	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 4 dives without limit from different groups
C (12-13)	Girls' 1m & 3m	7	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 2 dives without limit from different groups
C (12-13)	Boys' 1m & 3m	8	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 3 dives without limit from different groups
D (11&U)	Girls' & Boys' 1m & 3m	6	7.0 (1m), 7.6 (3m)	4 dives from different groups (DD limit), 2 dives without limit from different groups
A/B Combined	Synchr onized 3m	5	2.0 for first 2 dives	Must include dives from at least 4 different groups



## Platform Rules Summary

Group	Event	Total Dives	Degree of Difficulty (DD) Limit	Additional Rules
A (16-18)	Girls' Platform (5m, 7.5m, 10m)	8	7.6	4 dives from different groups (DD limit), 4 dives without limit, at least 5 groups used
A (16-18)	Boys' Platform (5m, 7.5m, 10m)	9	7.6	4 dives from different groups (DD limit), 5 dives without limit, all 6 groups used
B (14-15)	Girls' Platform (5m, 7.5m, 10m)	7	7.6	4 dives from different groups (DD limit), 3 dives without limit, at least 5 groups used
B (14-15)	Boys' Platform (5m, 7.5m, 10m)	8	7.6	4 dives from different groups (DD limit), 4 dives without limit, at least 5 groups used
C (12-13)	Girls' Platform (5m, 7.5m)	6	7.6	4 dives from different groups (DD limit), 2 dives without limit
C (12-13)	Boys' Platform (5m, 7.5m)	7	7.6	4 dives from different groups (DD limit), 3 dives without limit
D (11&U)	Girls' & Boys' 5m	6	7.6	4 dives from at least three different groups (DD limit), up to one lineup dive (001 or 002, DD = 1.0) allowed, and 2 dives without limit from two different groups.
D * (11&U)	Girls' & Boys' 5m (For International Consideration)	6	7.6	4 dives from at least four different groups (DD limit) 2 dives without limit from two different groups.
A/B Combined	Synchronized Platform (5m, 7.5m, 10m)	5	2.0 for first 2 dives	Must include dives from at least 4 different groups





**CHECK-IN TABLE**

Check-in Table will be located at the entrance to the diving spectator area, near the awards stand.

**RESTROOMS**

Athlete locker rooms are on the West side of the pool.

Coaches/Staff/Adults restrooms are located on the East side of the pool.

Spectator restrooms are located on the East side of the pool.

**FIRST AID/MEDICAL SERVICES**

Lifeguards will be the providers of any first aid given at the facility.

**ATHLETIC TRAINING/PHYSIOTHERAPY**

If your team is bringing any medical personnel, you must email [michael.retcher@usadiving.org](mailto:michael.retcher@usadiving.org) before the registration late fees take effect for them to be permitted on deck.

**COACH HOSPITALITY**

Coaches Hospitality will be located in the Offices just outside the back doors of the facility.

**EVENT MERCHANDISE**

Custom, event-branded apparel will be available on-site, provided by USA Diving's merchandise partner, Fine Designs. Get your 2025 USA Diving Zone Championships gear at their stand throughout the event!



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**PARKING**

All event parking should be on the EAST side of the building. Help us ensure our members continue their enthusiastic support of diving events by limiting your parking to the designated lots.

**TICKETING**

There will be flat fee event pass for parking and attendance payable upon check-in

**FOOD/CONCESSIONS**

Food/concession will be available at the front desk and periodically outside.

**VENDORS**

TBD

**WI-FI**

Wi-Fi is available under through the facility under HFFA Guest.



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**STREAMING**

TBD



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